

1

PRESCRIBING MEDICATION WHEN NO DIAGNOSIS IS REQUIRED

Head lice	Folic acid and vitamin supplements before and during pregnancy
Emergency oral contraception and subsequent hormonal contraception, if desired	Prevention of diarrhea, malaria, and altitude sickness for travellers
Pregnancy-related nausea and vomiting	Smoking cessation aids
Antibiotic prophylaxis for valve patients and cytoprotective prophylaxis for at-risk patients	

2

PRESCRIBING MEDICATION FOR CERTAIN MINOR CONDITIONS

(when diagnosis and treatment are known)

Minor acne	Mouth ulcers
Allergic conjunctivitis	Menstrual pain
Eczema	Diaper rash
Hemorrhoids	Cold sores
Recent urinary tract infections for women	Oral thrush from the use of corticosteroid inhalers
Allergic rhinitis	Yeast infections

3

EXTENDING DOCTORS' PRESCRIPTIONS SO THAT TREATMENT IS NOT INTERRUPTED

6

PRESCRIBING LABORATORY TESTS AND ADJUSTING TREATMENT AS NECESSARY

4

SUBSTITUTING ONE MEDICATION FOR ANOTHER IN CASE OF SHORTAGE

* In all cases, your pharmacist meets with you and analyzes your situation and patient record. Some restrictions may apply depending on your condition.

5

ADJUSTING PRESCRIPTIONS

- ✓ Making adjustments to achieve your treatment objectives:
 - High blood pressure, dyslipidemia, hypothyroidism, non-insulin-dependent diabetes, migraines (prophylactic treatment), anticoagulant therapy, insulin-dependent diabetes
- ✓ Adjusting the type, frequency, quantity, and/or dosage of a medication

7

ADMINISTERING MEDICATION TO DEMONSTRATE ITS PROPER USE (e.g., subcutaneous, intramuscular, inhaled)



Your pharmacist has always been there for you, providing front-line access to health care. And now that's truer than ever, because your pharmacist can offer you seven new services, from extending prescriptions to prescribing medication for minor conditions.

**LEARN ALL
ABOUT THE
NEW SERVICES!**



**WHO COULD
SAVE YOU
A VISIT TO THE
MEDICAL CLINIC?**

YOUR PHARMACIST

VISIT [MEANDMYPHARMACIST.CA](https://meandmypharmacist.ca)

FREQUENTLY ASKED QUESTIONS

WHY MIGHT I HAVE TO PAY FOR THESE SERVICES AT THE PHARMACY, BUT NOT AT THE HOSPITAL OR MEDICAL CLINIC?

The government has decided that these services are covered by your prescription drug plan, not by the public health insurance plan. That means you may have a deductible or copayment, depending on your prescription drug plan. You may therefore have to pay something at the pharmacy.

HOW IS THE COST OF THESE SERVICES DETERMINED?

The cost of these services has been set by the government, and it's the same for all patients across Quebec.

**FOR MORE DETAILS,
VISIT [MEANDMYPHARMACIST.CA](https://meandmypharmacist.ca)**